Family Health Tree

Map your family’s history of hereditary ATTR amyloidosis
Chart your family’s health history

This chart can help you map your family’s health history and determine who may be at risk for hereditary ATTR (hATTR) amyloidosis.

**hATTR amyloidosis—an inherited condition**

hATTR amyloidosis is a rare condition that affects an estimated 50,000 patients worldwide. It is an inherited condition caused by a gene change (mutation) that affects the function of a protein called transthyretin (TTR). The age that initial symptoms appear may vary, ranging from the mid-20s to the mid-60s. It is passed down in an autosomal dominant pattern, which means a person only needs to inherit one copy of the affected gene from one parent in order to develop the condition. When one parent carries an autosomal dominant mutation, any child will have a 50% chance of inheriting that mutation.

A family member may inherit the TTR gene with a mutation, but having the mutation does not mean that he or she will develop hATTR amyloidosis.
Working with your family members to complete this worksheet can help educate them about hATTR amyloidosis, its symptoms, and how it is passed down through generations. You can use the other materials in this kit to learn about the cause and symptoms of this condition.

Here is an example of how to fill out each family member’s “branch”:

**Mother**
- Experienced symptoms of hATTR amyloidosis?  ✔ Yes ☐ No
- List symptoms: Carpal tunnel, consistent dizziness when standing up, leg swelling, chest pain
- Age diagnosed: Not diagnosed
- Other major medical conditions: Heart condition

**Father**
- Experienced symptoms of hATTR amyloidosis?  ☐ Yes  ✔ No
- List symptoms: __________________________
- __________________________
- __________________________
- Age diagnosed: Not diagnosed
- Other major medical conditions: Diabetes

Genetic counseling can help you understand your chances of inheriting the condition as well as to become familiar with the testing process and implications of a diagnosis. You can use this completed tree to start the conversation with your doctor to see if genetic counseling and testing may be right for you or your family.
Keep track of your family's health history

Use this space to record any important notes from conversations with your family members, including points about your family’s history and follow-up steps.

Genetic mutation:
Notes:

Aunt/Uncle
- Experienced symptoms of hATTR amyloidosis?
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandmother
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Child
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Sister/Brother
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Father
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Spouse
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

You
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandfather
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandmother
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandfather
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandfather
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandfather
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Grandfather
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:

Spouse
- Experienced symptoms of hATTR amyloidosis?
- Yes
- No
- List symptoms:
- Age diagnosed:
- Other major medical conditions:
Alnylam Act

www.alnylam.com/patients/alnylam-act

Alnylam Pharmaceuticals is sponsoring third-party genetic testing and counseling programs for individuals who may carry a gene mutation known to be associated with hereditary ATTR amyloidosis at no charge. The Alnylam Act™ (formerly known as Alnylam Assist™) program was created to potentially enable diagnosis through genetic screening and to provide genetic counseling to help people make more informed decisions about their health. These services are available only in the United States. At no time does Alnylam receive patient-identifiable information.

Your doctor will need to sign you up for the Alnylam Act™ program in order for you to receive genetic screening and counseling at no charge.

Discover information and resources about hATTR amyloidosis at www.hATTRbridge.com

References: